

Nova Scotia: Nova Scotia Health

<https://novascotia.ca/dhw/programs-and-services.asp>

Toll-free: 1-800-670-4357

Covered services:

- Addiction
- Continuing care (nursing, home support, etc.)
- Physician services
- Hospital services
- Optometry services (under nine years of age and over 65)
- Ambulance fees
- Dental surgery when performed in hospital
- Infection prevention
- Mental health services
- Out-of-country coverage: Inpatient hospitalization as the result of an accident or sudden illness is covered up to \$525 CAD per day plus 50% of ancillary fees. It is strongly recommended that any resident travelling out of province purchase a supplemental Travel Health Plan for the period of absence to cover these balances and other uninsured services
- Supplemental Insurance is strongly recommended