

Quebec: Quebec Health Insurance Plan (RAMQ)

<http://www.ramq.gouv.qc.ca/en/citizens/health-insurance/covered-services/Pages/covered-services-accessory-costs.aspx>

Québec area: 418 646-4636

Montréal area: 514 864-3411

Throughout Québec: 1 800 561-9749

Outside Québec: 514 864-3411

Covered services:

- General practitioner and specialist physician services only by those who have not withdrawn from RAMQ
- Medical examinations, consultations, diagnostic procedures, therapeutic procedures,
- Surgery and anesthesia
- Psychiatric treatments
- Certain radiology services provided by a doctor
- Optometric services for residents under the age of 18 or age of 65 or over
- Outside-of-province / out-of-country: The Régie reimburses up to the applicable Québec rates, even if you paid more. Hospital services outside-of-country are covered only following a sudden illness or accident. Reimbursements are issued up to a maximum of \$100 per day of hospitalization or \$50 per day for healthcare received at a hospital outpatient clinic.
- Supplemental Insurance is strongly recommended